

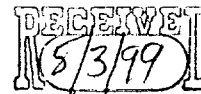


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90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (516)244-2150 ■ Fax: (516) 244-2153

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April 28, 1999

Office of Special Nutritionals  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW (HFS-450)  
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on Flex-A-Min™ under the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, and Vitamin World:

- Flex-A-Min™ is a unique nutritional formula composed of several key ingredients which help support joint cartilage.
- Flex-A-Min™ also contains the collagen-building antioxidant Vitamin C and a special herbal blend for overall well-being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD  
Director of Nutrition Communications